## STAFF SUMMARY FOR DETERMINATION OF NEED BY THE PUBLIC HEALTH COUNCIL May 11, 2016

<u>APPLICANT</u>: Shields PET-CT at Cooley <u>PROGRAM ANALYST</u>: Lynn Conover

Dickinson Hospital, LLC

**DATE OF APPLICATION:** February 1, 2016

LOCATION: 30 Locust Ave,

Northampton, MA 01061

PROJECT NUMBER: 1-4962

REGION: HSA I

<u>PROJECT DESCRIPTION</u>: Provide mobile PET-CT service one day per week to Cooley Dickinson Hospital with minor renovations to clinical and patient waiting areas.

ESTIMATED MAXIMUM CAPITAL EXPENDITURE:

Requested: \$382,987 (February 2016 dollars)

Recommended: \$382,987 (February 2016 dollars)

ESTIMATED FIRST YEAR INCREMENTAL OPERATING COST:

Requested: \$386,388 (February 2016 dollars) Revised: \$380,588 (February 2016 dollars) Recommended: \$380,588 (February 2016 dollars)

<u>LEGAL STATUS</u>: A regular application for substantial changes in service pursuant to M.G.L. c.111, §.25C and the Regulations adopted thereunder.

<u>ENVIRONMENTAL STATUS</u>: No environmental notification form or environmental impact report is required to be submitted for this project since it is exempt under 301 Code of Massachusetts Regulations 11.00, promulgated by the Executive Office of Environmental Affairs pursuant to Massachusetts General Laws, Chapter 30, Sections 61-62H. As a result of this exemption, the project has, been determined to cause no significant damage to the environment.

OTHER PENDING APPLICATION: None

COMPARABLE APPLICANTS: Shields Imaging, at Anna Jaques Hospital, LLC: Project #3-4961

COMMENTS BY THE CENTER FOR HEALTH INFORMATION AND ANALYSIS: None submitted

COMMENTS BY THE DIVISION OF MEDICAL ASSISTANCE: None submitted

COMMENTS BY THE HEALTH POLICY COMMISSION: None submitted

TEN TAXPAYER GROUP(S): None

**RECOMMENDATION**: Approval with conditions

#### I. BACKGROUND AND PROJECT DESCRIPTION

Shields PET-CT at Cooley Dickinson Hospital, LLC, ("Shields PET-CT at Cooley Dickinson Hospital, LLC" or "Applicant") has filed a Determination of Need ("DoN") for a mobile Positron Emission Tomography-Computed Tomography ("PET-CT") service one day per week, on Thursdays. The project includes the renovation of 1796 gross square feet ("GSF") for a mobile vestibule area, reception, and bathroom, and has an associated maximum capital expenditure ("MCE") of \$382,987 (February 2016 dollars).

The Applicant is a Limited Liability Corporation ("LLC") established between Cooley Dickinson Hospital ("Hospital") and Shields Imaging, MA, LLC ("Shields") for the purposes of providing this PET-CT service one day per week. This service is currently provided by New England PET Imaging System ("NE PET") with the Hospital renting the docking station and pad to NE PET which in turn does all of the scheduling, billing and scanning independently. According to the applicant, the current arrangement does not adequately afford the Hospital the ability to integrate PET-CT with other hospital services, particularly with its oncology services patients. Additionally, this arrangement does not afford the Hospital control over quality, management, and scheduling. As a result, the Hospital sought an experienced imaging provider, Shields, to partner with and operate a separately licensed clinic at their facility. Based on their current and projected demand, the applicant elected to submit this DoN.

Cooley Dickinson Hospital is a not for profit 140-bed licensed full service facility operating as a licensed hospital. Shields operates approximately 31 affiliated companies in Massachusetts specializing in imaging services.

A DoN has been filed as a substantial change in service since the LLC is a new entity even though the service has been provided at the hospital by the above mentioned independent provider.

#### II. STAFF ANALYSIS

The application was reviewed for compliance with the November 24, 1998, *Determination of Need Guidelines for Positron Emission Tomography* ("Guidelines"). Since the PET Guidelines were developed in 1998, a number of new clinical applications for PET-CT have been approved for reimbursement by the Center for Medicare and Medicaid Services ("CMS"), which is considered the standard for reimbursement by other third-party payors. As of January 28, 2005, the Medicare Program covers the use of PET-CT for the initial staging and subsequent restaging of a number of cancers as well as for limited cardiac and neurological applications.

The combined PET-CT machine uses the capabilities of both diagnostic modalities. CT locates masses in the body, but cannot determine if they are cancerous, while PET can detect cancerous cells using radiopharmaceutical tracers, but cannot precisely pinpoint their location. The current medical literature indicates that the fusion and correlation of these two imaging modalities has resulted in improved surgical planning, assessment of therapeutic response, and radiotherapy planning.

#### A. Health Planning Process

Through a comprehensive long-range planning process, the member hospital determined that a comprehensive approach to oncology care was needed to better meet the needs of their patients. The hospital operates a cancer center in collaboration with With Massachusetts General Hospital. With PET-CT services being a component of the spectrum of care primarily for treating oncology patients, the hospital determined that it needed a more integrated approach to service delivery.

The planning process undertaken by the Applicant included multidisciplinary meetings among clinical and administrative staff from both LLC member parties, a review of the PET-CT medical literature, a need analysis, an estimate of projected volume at the hospital, and financial analyses.

The Guidelines also stipulate that an applicant for PET services, whether a multi-institutional system or a single hospital, involve a tertiary teaching hospital. The hospital has underscored that, while licensed as a single community hospital, its sole corporate member is Massachusetts General Hospital, a tertiary provider, thereby providing access to a full range of services.

Based on the above analysis, Staff finds the project in conformance with the health planning process of the Guidelines.

### B. Health Care Requirements

The Guidelines recommend that applicants proposing to establish a PET service document need for a statewide service area of at least 1.6 million people by demonstrating a minimum demand of 1,250 PET scans annually, and present additional data to supplement the demand analysis. However, Staff notes that in the seventeen years since the Guidelines were promulgated (November 1998), the clinical applications for PET have increased, such that reliance on a patient population of 1.6 million to demonstrate need for a single PET unit may underestimate the number of patients who would benefit from PET services. As mentioned previously, Medicare has expanded the number of indications for PET that are reimbursable now, including coverage when participating in clinical studies for certain cancers not previously indicated.

# 1. Current Volume at Cooley Dickinson Hospital

Given the above mentioned changes in clinical applications and potential for increased volume, Shields PET-CT at Cooley Dickinson Hospital, LLC has relied solely on the hospital's actual patient volume (Table 1, below) to determine its ability to meet the minimum volume demand of 1,250 annual scans for the proposed PET unit. When applying the minimum volume requirements of the Guidelines to one day per week, the Hospital would need to be performing 178.6 scans per year.

Table 1

Actual Scans				
Fiscal Year	Volume	% Increase		
2012	305			
2013	301	-1.3%		
2014	281	-6.6%		
2015	286	1.8%		

As demonstrated in the table above of actual scans performed over three years, the Hospital's current volume exceeds the minimum standards of the Guidelines.

### 2. Cooley Dickenson Hospital's Service Area

The Hospital reports that it provides health care services to residents of western Massachusetts; and that 90% of its discharges derive from 21 towns encircling Northampton. This population of 305,126 in 2010 is projected to grow 2.2% by 2020.

### 3. Estimated Number of Scans

## a. Cancer Indications

To estimate the demand for PET-CT scans involving oncology patients at the Hospital, utilization rates that are widely accepted by CMS and by the health care industry, were applied by type of cancer to actual 2013 patient encounters at the Hospital based on the hospital's Tumor Registry. The table below estimates the potential number of scans using this methodology.

Table 2

Cancer Type	FY 2014 Patient Encounters <sup>1</sup>	PET/CT Use Rate per Incidence <sup>2</sup>	Scans Projected
Breast	131	0.5	65.5
Cervical	5	0.7	3.5
Colorectal	39	1	39
Pancreas	5	1	5
Lung	49	1.8	88.2
Melanoma	14	1.8	25.2
Lymphoma	24	2	48
Esophageal	7	1.3	9.1
Head and Neck Oral Cavity	22	1.3	28.6
Thyroid	2	0.25	0.5
Brain	1	1	1
Renal/Urinary	49	0.75	24.5
Myeloma	5	1	5
Other/Ovary	4	1	4
Total	177		347.1

<sup>&</sup>lt;sup>1</sup> Number of Patients from Cooley Dickinson Hospital Tumor Registry FY 2014

<sup>&</sup>lt;sup>2</sup> PET Use Rates based on Innovations Center, Health Care Advisory Board, New Technology Brief PET/CT Imaging, 2005 and CareCore National, Criteria for Imaging, August 13, 2014

The table above projects the number of potential oncology-based scans at the Hospital at 347.1 scans which is above the number of actual scans performed at the hospital. Therefore, Staff notes that using this historical volume with a modest projected annual increase is a reasonable approach to projecting the volume for this service. This methodology does not impact the service volume of other hospitals in the service area and will not impact market share.

### b. Other Clinical Indications

In addition to the projected scans related to oncology patients detailed above, the Applicant anticipates it will provide PET-CT scans to patients with other clinical indications.

PET-CT imaging is a recognized modality in the diagnosis of certain neurological and psychiatric disorders including dementia and seizure disorders. In 2014, the Hospital identified 74 patients falling within these diagnostic categories. While an accepted industry standard use-rate within these diagnoses has not been developed, the Hospital's neurological and psychiatric caseload indicates that there is a patient sub-group who would benefit from PET-CT scans in addition to their oncology caseload.

Although there are cardiology based applications for PET-CT, the Applicant did not project demand because clinical best practices indicate that PET-CT scans for cardiac disease performed in a mobile device are not a reliable means for diagnosis.

### c. Total Projected Scans

Table 3 below indicated that the Applicant is projecting it would perform an estimated 281 PET-CT scans in FY 2016, a value exceeding the previously discussed minimum volume requirements of the Guidelines. Staff notes that this estimate does not include any of the potential volume of scans that could be performed for Psychiatric and Neurological patients, and therefore has determined that despite the slight decline in their current volume over two years, the projected increases, will likely occur due to the anticipated improvements in efficiencies gained by the Hospital having more overall control over scheduling and service delivery.

Table 3

PET-CT Projections			
Fiscal Year	Volume	% Increase	
2016	281	-	
2017	309	10%	
2018	340	10%	
2019	357	5%	

## 3. Existing Resources

Of the approximately 25 existing approved PET or PET-CT scanners in the state, 18 are hospital-based units and seven are freestanding mobile units. Staff's review determined that there would be little impact on the projected volume at other hospitals, since the volume projections associated with the previous DoN approvals was based on each institution's existing case mix data specific to those projects, and did not rely

on referrals from other providers to meet the minimum volume requirements. Staff has further determined that more than half of the existing PET services are located in the Greater Boston area.

## 4. Conclusion on Need

Based on the above analysis, Staff finds there is need for the PET-CT unit proposed by the Applicant. Staff finds that, based upon utilization rates derived from the industry practices for PET-CT, and the Hospital's historical utilization of their current contracted mobile PET-CT service, the Applicant's projections are reasonable and exceed the minimum volume of scans required by the Guidelines.

Moreover, in keeping with the non-duplication of service standards of the Guidelines, Staff notes that the proposed project should not have a negative impact on previously approved DoN PET-CT scanners, since the majority of demand for each of the approved PET-CT services, including that proposed by the Applicant, will be generated primarily by patients already served by each institution.

## C. Operational Objectives

The Applicant has provided documentation that the proposed PET-CT unit will meet the Standards of the Guidelines.

Staffing Measures of the Guidelines including a Medical Director who is board certified in radiology, trained and experienced in PET –CT technology and radiochemistry.

In keeping with the requirements of the guidelines, the service will be staffed to include appropriate levels of full-time equivalents ("FTE's") for a one day per week service who are trained in CPR and who receive ongoing education in PET-CT. Radiologic technologists with documented training in PET-CT imaging will provide support in the areas of Patient preparation, technology operation, and imaging analysis. Trained radiologists will be responsible for reviewing images and interpreting scans.

Since the Applicant's service is a mobile unit, it does not include an onsite cyclotron for preparation of radiopharmaceuticals. Therefore, the applicant has provided copies of a contract with an independent licensed laboratory, Cardinal Health 414, LLC.

The Applicant reports that a Clinical Oversight Committee for this service will have responsibilities as outlined in the Guidelines, including the task of reviewing scan quality, providing information on utilization data, clinical data and reporting on clinical efficacy. The Committee will be comprised of representatives from radiology, cardiology, neurology, and oncology with an unaffiliated physician from UMass Memorial Medical Center who is knowledgeable in PET/CT activities. None of the committee members will have an equity interest in the Applicant.

The mobile PET-CT scanner, which the Applicant plans to contract for, has received pre-market approval from the Food and Drug Administration.

Support services to patients and families during the course of treatment will be available through Cooley Dickinson Memorial Hospital. The Hospital also provides Single-photon emission computed tomography ("SPECT"), CT, Magnetic resonance imaging ("MRI"), ultrasound, diagnostic radiology, oncology, and radiation oncology services on-site, as required by the Guidelines. Additionally, all tertiary services are available through a referral agreement with Massachusetts General Hospital.

The Applicant has indicated that all clinically appropriate patients will have access to the PET-CT unit regardless of ability to pay. To ensure patient access to the PET-CT unit, Staff is recommending a condition

of approval that ability to pay or insurance status not be considered in selecting or scheduling patients for the service.

Shields PET-CT at Cooley Dickinson Hospital, LLC has agreed to work with the Office of Health Equity ("OHE") regarding medical interpreter services and specifically the Applicant shall:

- a) Submit a high priority plan that ensures their capacity to provide timely and competent interpreter services to the OHE within a month of DoN approval;
- b) Contact the OHE to review their interpreter services operations within the first three months of operations; and,
- c) Enter into agreement with the OHE to provide language access services consistent with the recommendations of the OHE, including CLAS standards.

Staff finds that the proposed project, with adherence to a certain conditions, meets the operational objectives of the Guidelines.

## D. Compliance Standards

Shields PET-CT at Cooley Dickinson Hospital, LLC states that its proposed PET-CT unit will meet all applicable standards of safety and operations standards. Minor renovations will be required at the hospital site which already has a docking pad for use by the mobile PET-CT unit.

Staff finds that the proposed project meets the compliance standards of the Guidelines.

## E. Reasonableness of Expenditures and Cost

## 1. Maximum Capital Expenditure

The requested and recommended MCE is \$382,987 (February 2016 dollars) itemized as follows:

Land Acquisition Cost	\$	-
Building Acquisition Cost		26,491
Construction Contract		28,750
Fixed Equipment NOT in Contract		-
Architectural Cost		5,000
Pre-filing Planning & Development		-
Post-filing Planning & Development		29,000
Major Movable Equipment	4	293,746
TOTAL CONSTRUCTION COSTS	\$3	382,987

The proposed mobile PET-CT scanner will require a docking pad upgrade, and minor renovations of a bathroom, waiting rooms, a patient registration area, and clinical support space. Staff finds the recommended MCE reasonable, at \$12.88 per GSF, based upon previously approved projects and well below Marshall and Swift standard costs.

## 2. Reasonableness of Incremental Operating Costs

The revised and recommended incremental operating costs of \$380,588 (February 2016 dollars) for the new PET-CT scanner's first full year of operation (FY 2016), are itemized below, and were based on an estimated 281 scans.

	Incremental
	Operating Costs
Salaries, Wages and Fringe	\$61,500
Purchased Services	\$41,705
Supplies and Other Expenses	\$270,007
Depreciation	\$7,375
Interest	\$0
Pension	\$0
Total	\$380,588

*Other Expenses* include contracted services of physicians, a tertiary physician consultant, and a medical physicist, as well as radiopharmaceuticals to be purchased from a licensed commercial supplier to New England area providers, Cardinal Health 414, LLC.

Staff has determined that net revenue for the proposed new PET-CT scanner will be an average of \$883 per scan for the first full year of operations (FY 2016). Based on a projected 281 scans, Staff has calculated a cost per scan of \$1,354.40 and an anticipated break-even point of 434 scans for the new PET-CT unit in its third full year of operation.

Based on the above analysis, Staff finds the requested incremental operating costs reasonable when compared with similar, previously approved projects.

### F. Financial Feasibility and Capability

The Applicant will contribute \$82,750, with each LLC member contributing 50% of the required equity. Since this is a new entity, formed in 2015, no audited financial statements were provided; however, staff anticipates that the Applicant will be subject to further scrutiny from any future lending institution.

Staff finds the project financially feasible and within the financial capability of the Applicant.

## G. Relative Merit

The Applicant states that it considered the following alternatives to the proposed project:

- 1. Maintaining Status Quo: A relationship with an existing mobile provider of PET-CT services.
- 2. Establishing its' own PET-CT Service under the hospital license.
- 3. A relationship with a different existing mobile provider of PET-CT services.

After exploring the potential for developing a relationship with an existing hospital PET-CT provider, the Hospital determined that this would do little to improve access within its service area. The Hospital also rejected the alternative of developing an arrangement with a different mobile PET-CT provider on the basis of the limited control it would exert over service integration, quality and scheduling. The Applicant also noted concerns with conditions placed by potential providers on certain types of patients, notably inpatients and Medicaid beneficiaries.

Thus, the Hospital determined the alternative of establishing a formal LLC with a reputable PET-CT provider, Shields, to be the optimal solution both in terms of improving patient coordination with their existing cancer treatment center and improved patient access.

Staff finds that the proposed PET-CT service meets the relative merit provisions of the Guidelines.

### H. Environmental Impact

Since the project does not include new construction or a gut renovation, it is not subject to the Green Guidelines. However, the applicant states that every effort will be made to incorporate environmentally sound best practices in renovation design and material selection.

#### I. Community Health Initiatives

Shields PET-CT at Cooley Dickinson Hospital, LLC has agreed to provide \$9,575 per year over two years, for a total of \$19,149 (April 2016 dollars) to fund community health initiatives (CHI) in Western Massachusetts to support the Western Massachusetts Health Equity Network. The Applicant will work with the Office of Community Health Planning and Engagement, Cooley Dickinson Hospital and other planning partners named by the Office to develop a specific plan and funding allocation. Staff found this to be consistent with the Guidelines and has included this provision as a condition of approval for this application.

Staff found this to be consistent with the Guidelines and has included this provision as a condition of approval for this application.

### V. COMPARABILITY ANALYSIS

In reviewing the two comparable applications, the Applicant's and Shields PET-CT at Anna Jaques Hospital, Staff found that both applicants are proposing to establish part-time PET-CT services in different noncompeting service areas. Based on each hospital's current service volume, staff notes that each service is independent of the other and therefore finds justification for both projects.

Both of the comparable applications meet, at a minimum, all of the following review factors of the Guidelines: Health Planning Process, Health Care Requirements, Operational Objectives, Standards Compliance, Reasonableness of Expenditures and Cost, Financial Feasibility, Relative Merit and Community Health Initiatives as elaborated elsewhere; and therefore a more detailed comparability analysis was deemed unnecessary and not undertaken.

## VI. STAFF FINDINGS

- 1. Shields PET-CT at Cooley Dickinson Hospital, LLC proposes to lease a mobile Positron Emission Tomography-Computed Tomography ("PET-CT") service one day per week.
- 2. The project meets the health planning requirements that are consistent with *the Guidelines for Positron Emission Tomography* ("Guidelines").
- 3. The Applicant has demonstrated demand for the proposed PET-CT service, as discussed under the Health Care Requirements factor of the Staff Summary.
- 4. The project, with adherence to certain conditions, meets the operational objectives of the Guidelines.
- 5. The project meets the compliance standards of the Guidelines.

- 6. The recommended maximum capital expenditure of \$382,987 (February 2016 dollars) is reasonable, based upon on similar, previously approved projects.
- 7. The recommended incremental operating costs of \$380,588 (February 2016 dollars) are reasonable for a mobile PET-CT unit.
- 8. The project is financially feasible and within the financial capability of the Applicant.
- 9. The project meets the relative merit provisions of the Guidelines.
- 10. The project, with adherence to a certain condition, meets the community health service initiatives of the DoN Regulations.
- 12. This project is one of two comparable applications filed for PET-CT services. When considered alone, each of these applications is capable of being approved, since each has demonstrated demand for part-time PET-CT services and are in different service areas. Therefore, an extensive comparability analysis was not undertaken.

#### VII. STAFF RECOMMENDATION

Based on the above analysis and findings, Staff recommends approval with conditions of Project Number 1-4962 submitted by Shields PET-CT at Cooley Dickinson Hospital, LLC, to establish a one day per week Positron Emission Tomography-Computerized Axial Tomography ("PET-CT") service through lease of a mobile scanner. Failure of the Applicant to comply with the conditions may result in Department sanctions, including possible fines and/or revocation of the DoN. The recommended conditions are as follows:

- 1. Shields PET-CT at Cooley Dickinson Hospital, LLC shall accept the maximum capital expenditure of \$382,987 (February 2016 dollars) as the final cost figure, except for those increases allowed pursuant to 105 CMR 100.751 and 100.752.
- 2. Shields PET-CT at Cooley Dickinson Hospital, LLC shall make an equity contribution of \$82,750 (February 2016 dollars) toward the final approved MCE.
- 3. Shields PET-CT at Cooley Dickinson Hospital, LLC shall not consider ability to pay or insurance status in selecting or scheduling patients for PET-CT services.
- 4. Shields PET-CT at Cooley Dickinson Hospital, LLC shall provide a total of \$19,149 (April 2016 dollars) over two years, in annual payments of \$9,575, to fund community health initiatives to be agreed upon with the Office of Community Health Planning and Engagement, Cooley Dickinson Hospital and other planning partners named by the Office and that will support the Western Massachusetts Health Equity Network. Funding will begin upon project implementation and notification to the Office of Community Health Planning and Engagement at least three weeks prior to implementation of the project. Shields PET-CT at Cooley Dickinson Hospital, LLC will also file all reports as required by the Department.
- 5. Shields PET-CT at Cooley Dickinson Hospital, LLC, shall submit to the DoN Program Director, documentation of the clinical oversight activities of its PET-CT clinical oversight committee for a period of two years following the date of project approval.
- 6. Shields PET-CT at Cooley Dickinson Hospital, LLC has agreed to work with the Office of Health Equity ("OHE") regarding medical interpreter services and specifically the Applicant shall:

- a) Submit a high priority plan that ensures their capacity to provide timely and competent interpreter services to the OHE within a month of DoN approval;
- b) Contact the OHE to review their interpreter services operations within the first three months of operations; and,
- c) Enter into agreement with the OHE to provide language access services consistent with the recommendations of the OHE, including CLAS standards.
- 7. Unless otherwise approved by the Department, Shields PET-CT at Cooley Dickinson Hospital, LLC shall provide services only at the approved site and only for one day, Thursday, indicated in this approval. Any request for change in either number of days or specific site served shall require the DoN Director's approval.

The Applicant has agreed to these conditions.